

2024 December

LUNCH MENU

Beiling Primary School



Date	Main Dish	Side Dish 1	Side Dish 2	Side Dish 3	Soup	Other/Fruit
Dec 2 (Mon)	Steamed White Rice	Crispy Fish Fillet	Curry Potatoes	Ginger Stir-Fried Bok Choy	Vegetable Wonton Soup	Orange
Dec 3 (Tue)	Germ Rice	Braised Chicken with Pickled Cucumber	Stir-Fried Cabbage with Pork	Chive and Bean Sprouts	Four Herbs Soup	Apple
Dec 4 (Wed)	Stir-Fried Noodles with Mixed Meat		Roasted Chicken Wings	Pineapple Bun	Radish Corn Soup	Fresh Milk
Dec 5 (Thu)	Furikake Rice	Vegetarian Hot Dog with Scrambled Egg	Mixed Nuts and Vegetables	Loofah with Wheat Gluten	Winter Melon Pearl Soup	Tangerine
Dec 6 (Fri)	Brown Rice	Creamy Braised Pork	Smoked Chicken with Corn	Garlic Stir-Fried Cabbage	Herbal Soup	Yogurt
Dec 9 (Mon)	Brown Rice	Hua Diao Wine Chicken	Stir-Fried Snow Peas with Mushrooms	Stir-Fried Cauliflower	Radish Soup	Orange
Dec 10 (Tue)	Brown Rice	Five-Spice Fish Cubes	Braised Pork with Kelp	Stir-Fried Cabbage with Dried Shrimp	Corn Egg Drop Soup	Kiwi
Dec 11 (Wed)	Brown Rice	Curry Pork and Vegetables Over Rice	Traditional Sponge Cake	—	Oden Soup	Fresh Milk
Dec 12 (Thu)	Brown Rice	Smoked Braised Dish	Stir-Fried Egg with Carrot	Ginger Stir-Fried Spinach	Mung Bean Soup	Grapes
Dec 13 (Fri)	Five-Grain Rice	Spicy Stir-Fried Chicken (Dak Galbi)	Fried Squid Balls	Ginger Stir-Fried Bok Choy	Cucumber Pork Rib Soup	Vegetable Juice
Dec 16 (Mon)	Brown Rice	Braised Chicken with Vegetables	Stir-Fried Minced Pork with Corn	Stir-Fried Mushrooms with Bok Choy	Pickled Cabbage Pork Rib Soup	Tangerine
Dec 17 (Tue)	Germ Rice	Teriyaki Chicken Chop	Stir-Fried Pork with Kimchi	Garlic Stir-Fried Bok Choy	Hot and Sour Soup	Apple
Dec 18 (Wed)	Glutinous Rice	Sesame Oil Chicken Glutinous Rice	Cheese Bread	—	Chinese Angelica Pork Rib Soup	Fresh Milk
Dec 19 (Thu)	Brown Rice	Three-Cup Tofu	Stir-Fried Tomato and Egg	Stir-Fried Napa Cabbage	Pumpkin Soup	Cherry Tomatoes
Dec 20 (Fri)	Brown Rice	Ginger Duck	Stir-Fried Pork with Cauliflower	Stir-Fried Corn and Bok Choy	Red Bean Rice Ball Soup	Yogurt

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Dec 23 (Mon)	Germ Rice	Satay Chicken	Stir-Fried Vermicelli with Minced Pork	Stir-Fried Kelp with Three Shreds	Miso Fish Soup	Tangerine
Dec 24 (Tue)	Oatmeal Rice	Braised Quail Egg and Minced Pork	Stir-Fried Cabbage with Vinegar	Organic Vegetables	Pork Rib Soup with Kelp Knots	Strawberry
Dec 25 (Wed)	Penne Pasta	Pumpkin Meat Sauce Pasta	Christmas Cake	—	Chowder	Soy Milk
Dec 26 (Thu)	Furikake Rice	Curry Tofu	Cheese Broccoli	Stir-Fried Cabbage	Eight-Treasure Sweet Soup	Jujube Apple
Dec 27 (Fri)	Sweet Potato Rice	Fried Chicken Leg	Braised Napa Cabbage with Winter Melon	Stir-Fried Cauliflower	Corn Pork Rib Soup	Juice
Dec 30 (Mon)	Millet Rice	Smart Tuna and Egg	Fish Ball with Braised Cabbage	Stir-Fried Mushrooms with Bok Choy	Garlic Chicken Soup	Cherry Tomatoes
Dec 31 (Tue)	Brown Rice	Sweet Potato Pork Fillet	Stir-Fried Vegetables with Squid	Ginger Stir-Fried Spinach	Milkfish Soup	Strawberry